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# MCA-EC

## Quarterly

Mangalorean Catholic Association of East Coast, USA

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## From the President's Desk

Dear Friends,

I remember watching mountaineers, climbing sharp peaks as they struggled to reach their destiny as a group. What I observed is that these climbers were tied with a rope to their waist and back which held them together. In the process of climbing the steep rocks, they were not seeing each other, but always feeling another person connected with the tug of the rope. They climbed together, supportive of one another, above all, reaching their goal as a group. As I took up the responsibility to lead the Mangalorean Catholic East Coast Association, I initially felt a similar anxiety of a mountaineer who needed to lead a group to the top, but, I also felt a sort of relief, when I thought about the strong team that is with me.

A few years back when I landed on this soil, I thought I was the only Mangalorean in NYC. Though I had many Indian friends, none of them replaced *Amcho Gavacho Lok* (Our Home People). I came across a couple of Mangloreans in business or in groups but we departed as strangers because there was not a forum to bring us back again. This was my fate until I became a member of MCA-EC, which gave me back my hometown feeling here in New York. As I take up this responsibility of President with humility, I am proud to reveal that MCA-EC has strengthened my bond (Bhav bandhponn) for the hometown, given opportunity to meet my people, share my culture and tradition. Overall, I say the association has been a means to relive my homeland life.

Speaking in a management tone, I can say we have a vision, goal and objectives for the Association, but simply speaking, it is the dream and ambition of every MCA-EC member that I carry on, to realize collectively. Everyone will agree with me when I say the Association is growing its natural growth. Of course the team is all set to increase the membership. Individuals are proudly introducing and inviting new families to the association. Yes, as we all know, every single drop of water makes a mighty ocean, just as every member in this association contributes to the success and growth of the Association and has role to play, least of all by participating in every MCA-EC event.

In conclusion, I come back to the mountain climbing. Everyone desires to live on top of the mountain but the real joy is climbing it. We all want MCA-EC to be recognized nationally. We have experienced the encouragement from all of you. Standing here I can see MCA-EC achieving its goal in the coming years. Strength and growth comes through continual hardship. As we have climbed another rung on the ladder of development, I request your continued support to make MCA-EC fly high. I assure my total cooperation to you all. Let us hold on to the rope tied to us with culture, traditions, spirituality and love and walk together in the journey ahead.

Laamb Jiyo MCA-EC,  
Dev Borem Korum,

Steven Aranha  
President MCA-EC 2012-2013

# WALKING BY FAITH: WORDS OF WISDOM

## ***Monti Fest: Recalling the tradition, reliving the faith!***

Come September 8, the remarkable mission and message of the “Monti Fest” is to reignite in every Mangalorean, not only of one’s origin, tradition, culture and heritage, but also of one’s faith. Isn’t it great to turn the pages of history to find out that on the top of the little mount called “Monte Mariano” Farangipet, on the banks of the Nethravati River, the Franciscan-Capuchin Friars had the wonderful idea of honoring the Blessed Virgin Mary on her Birthday with the first fruits and corns of the toiled fields and nature, which were indeed brought forth by nature’s bounty after the monsoon? As these first fruits and corns signified in its own way providence, purity, preciousness and gratitude, for us Christians it is also wonderful to discover that God’s graciousness and providence concretely and visibly realized in the lives of Joachim and Anne at the Birth of the Blessed Virgin Mary. Indeed the Birth of the Blessed Virgin Mary is a new event, a new beginning in the human history as it impregnated God’s Grace and God’s Mercy with a message that God still loves the world and each one of us. Only when we dwell deeper into the mysteries of nature, the first fruits, flowers, and corns have significant lessons to teach us, specially to learn that the whole creation, creatures and humanity awaits its full accomplishment in the ever embracing love of God, and that’s our final destiny, that’s our hope, being with God in faith and love.

As we celebrate the Birthday of the Blessed Virgin Mary, the first fruit in God’s plan of salvation, our external preparations and celebrations naturally take us back home, recalling the tradition of the novenas with showering flowers, blessing of the new corns, fruits and vegetables, and having a family meal with “*novem*”. What does this celebration mean to us today, as we are confronted with different cultures, customs, and habitudes in the modern world? Are there not some tremors in our value system, and in our faith and belief? Should we not take some time to reflect and ponder on our daily indifferences and compromises? Isn’t it that the celebration of the Nativity of the Blessed Virgin Mary strikes a clarion call at the door step of our heart reminding us that it is not just recalling the tradition, but it should be a new beginning in the life of each one? As we are united under the mantle of Mother Mary, as beloved children of God, united in one faith, one baptism and one Lord, may her example lead us to renew our faith. In other words, at “*Monti fest*” let us not just recall the tradition, but renew profoundly our faith, so that we go beyond the external celebrations, to taste the divine mysteries very specially the Mystery of God’s love, incarnated in the Person of Jesus Christ. May the life witness of Mother Mary give us the courage to become the light bearers of faith, the instruments of peace and love, in a divided world of “dwindling families” and “pocket generations”, which yearn for unity, fraternity and solidarity. May the family spirit grow day after day, may the Mangalorean family re-witness the unity and universality of living one’s faith across the seas! *Baghi Monti Fest!*

**Fr. Arun Lobo**  
**Capuchin**

# Monti Fest Memories and Wishes

What Monti Festh means to me: Mother Mary's Birthday, Flower offerings to Mother Mary, Novena for 9 days, My Birthday, A New Dress & Sugar Cane.

When I was in India, I remember until 12<sup>th</sup> grade I did the novena for nine days along with my Mom & my brothers to celebrate Mother Mary's Birthday. We used to pick flowers from our garden as well as from our neighbors garden while coming back from school the previous evening. We used to arrange small flowers in the bottom of the plate followed by big ones on top & with the most beautiful flower at the center to offer to Mother Mary. After the morning mass, we used to go to the Grotto in a procession while singing Sakkad Sangatha Melya. When we sang Moriyek Hogolsiya we used to offer flowers to Mother Mary 3 times. After the flower offering was done every day we used to get sweets mostly, sakriche ladu (Laddu)sponsored by different people.

Finally, for the Monti Festh on September 8<sup>th</sup>, I used to get a new dress stitched. I was in the church's choir. At the end of the mass we used to offer flowers to Mother Mary & that day we got sugar cane instead of sweets. We used to be very happy to get the biggest sugar cane (Kobu).

I was in Mudarangadi (my hometown) this year along with my family, so, I attended 4 days of Novena along with flowers offering. Since my birthday is on September 1<sup>st</sup>, on that day every year my mom used to sponsor those Laddu's. This year, I sponsored those Laddu's. I was very happy to be there with my family and got an opportunity to show my kids what we did when we were kids. All my old memories came to life except I could not stay for the 9 days to finish the Novena & get the biggest Kobu.

Prayers for all of the MCA-EC Kutam. May God Bless You All.

**-Merlin Mendonca, VP of Programs, 2012-2013**

My most memorable moments about Monti fest go back to those days when I served as an altar boy. I took part in the ceremonial mass which was preceded by an hour long procession. I can't forget the excitement when I used to get picked for leading the team of altar boys - looking back I wonder how I managed to pull the whole ceremony seamlessly, when now I ask for leadership/team build training to lead secular teams.

The celebration as usual began 10 days before, where every morning the day started with flower offering to show our veneration for our mother Mary. Can't tell you much about how we gathered all those colorful, variety of flower to make that one full plate - usually it ended up we had to beg, borrow or steal - but we always made sure the plate was full, so it could last the 3 times that you have to throw them when you sing - "MoriyeK Hogolsiya". The celebration season ended on September 8th - exactly - yes right, exactly on that date - a day Catholic schools like the one I attended observed as a holiday. The day began at the main bus stop where the procession started at 8am. The sermon from the priest at the bus stop was mostly given in Kannada, so local people could understand the relevance of the occasion and if interested join us. The procession took close to an hour to get to the church, which was followed by the Eucharist celebration. Finally, oh boy, I can't tell the excitement of picking up the kobu - sugarcane - after the mass, on our way back home for a thanksgiving family lunch - Novem Javan.

All this is history, but now with my 2 boys born and getting raised in the US, organizations like MCA-EC is the only one-stop-place for sharing a bit of my Monti fest experience with them and our great Mangalorean Konkani tradition and culture that I was raised in.

**-Arun Menezes, VP of Membership, 2012-2013**

As another year passes by, we are very excited to celebrate Monti Fest with lots of enthusiasm. MCA-EC members, especially our young ones, have been putting in lots of time and efforts to make this Monti Fest a memorable one.

We wish each of you a Blessed Monti Fest. Always remember to help those in need and the less fortunate.

**-John D'Souza, VP of Finance, 2012-2013**

# Monti Festache Voodhaas

The arrival of September is always an exciting part of my life, not just because my birthday falls in that month, but also due to Monti Fest, which I have been celebrating ever since I can remember. Growing up in Udipi, I never missed the opportunity to gather flowers from wherever I could. It was important to pick as many flowers as possible and place them in the best looking plate in order to stand out among my peer group. This was just the beginning. The sweets and sugar cane that were distributed to all who brought in flowers also motivated me to do better. When we got back home, the vegetarian meal on plantain leaves and the meeting of the extended family made a sweet day even sweeter. Thankfully, it didn't take me very long to realize that the number of flowers or the shiny plate was not the real meaning of Monti Fest. Mother Mary is an integral part of our faith and it is imperative that we recognize her birth with celebration and festivity. In Mangalore, Monti Fest coincides with the harvest season. The blessing of the crops and sharing meals with friends and family on that day is a great tradition which highlights the importance of a family feast. I am really blessed to have the opportunity to relive those memories through MCA-EC and this year I am excited about contributing even more through my board membership.

**-Kevin Saldanha, VP of PR, 2012-2013**

The Nativity of Mary – Monti Fest is a joyful event to every Catholic of Coastal Konkan belt. I have my childhood memories of *fulam udovomchi* (honoring with flowers), the fragrance of the vegetable dishes, the warmth of family relationships, the strength of our cultural heritage and above all the devotion to Mother Mary. Years have passed and I am far from the strong deep rooted practices of my hometown celebration. Until I got involved in MCA, Monti Fest in New York had lost its significance and a small effort to keep the tradition going was continued in my family. Today as I write this message I see all of you preparing for the feast, the committees have held meetings, the emails in circulation, the children are busy with cultural programs etc. I feel extremely happy as the Association celebrates this Feast of our Heritage. I no longer feel I am far from family; rather we have become a larger part of our small families.

Being in another country with cultural diversities, social and political differences, life for a traditional Indian family is truly challenging. When we live and move around breathing this air and enjoying warmth of this light, we lose focus of our own culture and tradition. In the process of adapting the present culture the chances of deterioration of our culture cannot be denied. Whereas MCA-EC has become a strong instrument in helping us all to remind us our identity as Mangaloreans and renew it on the occasion of Monti Fest.

Monti Fest is the symbol of family unity. I am sure most of us will receive a few paddy grains as the symbol of first fruit as well as a family meal. The bond that links our true family is not one of blood, but of respect and joy in each other's life. Rarely do members of one family grow up under the same roof. We miss our families in our hometown but we have our families here where we live. While we pray for our families by blood let us also commit to the relationships which we have for one another. Birthday celebrations bring happiness to the celebrant as well as to family and friends. Next to the birth of Jesus, Mary's birth offers the greatest possible happiness to the world. Each time we celebrate her birth we can confidently hope for an increase of peace in our hearts and in the world at large. If at all we celebrate the first fruit, or the family feast, the highest significance comes from the fact that it is the feast of the Nativity of Mother Mary. The relevance of the feast is such that she is a mother who took care of a divine family, leading and feeding, bearing and caring Jesus and Joseph. May Mother Mary Bless every member of MCA-EC and strengthen our bonds in families both here and in our home towns.

Special Monti fest wishes to our children. Sorvank Sonthosborith Monti Fest

**-Steven Aranha, President MCA-EC, 2012-2013**

# MCA-EC Member Contributions

## *A Mother Mary Skit by Gladwin, MCA-EC President 2011-2012 & his daughter, Susanna D'souza*

**Narrator:** Walk in step with us today as we enter the world our kids face. The questions they're thrown at and the differences with which they are faced. Enter the life of a Catholic girl and the questions sometimes she has to encounter.

**Maria:** Hi Janelle! Hi friends!!! It's such a beautiful day today, right?

**Janelle (condescendingly):** Sure Maria! Whatever.  
Under her breath she adds "Mary worshiper" (Group in background laughs with her)

**Maria:** Hey!!! That's not true!!! I don't worship Mother Mary, I pray with her. In fact, did you know, she suffered silently with her son our Lord and Christ Jesus at all stages of his life.

**Janelle: (mocking)** Oh I'm so sorry!!!!(Hands up) Anyways, you weirdoes love her and "pray with her" while Jesus never did. Remember, he called her "woman"?

**Maria:** Jesus loved his mother, and the answer to your question - he called her woman because the woman was to crush the head of the serpent as a fulfillment of the Old Testament from the book of Genesis. Do you remember the wedding feast of Cana? Didn't he perform a miracle on his mother's request? On that day too, Jesus called Mother Mary woman when he said "woman, my time hasn't come" but he still went ahead to honor & answer his mother's request or hmmm.... prayer if you may call it.

**Janelle:** Well... well...(hesitating to agree). I bet you won't know how to answer this. You pray and say the hail Mary, if you didn't consider her as God you wouldn't say it.

**Maria:** We worship ONLY the Holy Trinity but we honor saints. Mother Mary is a saint that we call upon to help us, reciting the scripture passage from Luke Chapter 1: 42-45 when Elizabeth greeted Mary and said "Blessed are you among women, and blessed is the child you will bear...."and 'Mother of God' was a title given first to mother Mary by Elizabeth even before we did, when she said "why am I so favored, that the mother of my Lord should come to me."  
(All kids start thinking)

**Maria:** One question from my part, do you ever ask your mom to pray for you?

**Janelle:** Yes, of course.

**Maria:** then why can't we ask our blessed mother Mary to pray for us? After all, she is our heavenly mother!!!

Kids pondering and nodding in agreement....

**Narrator:** recites from the bible the Magnificat(Mary's Song) – Luke Chapter 1 verses 46-55



## An MCA-EC Member's Monti Fest Memories & Testimonial: From Bandra fair, Mumbai to Monti Fest, New York

As I sit here watching my boys offering flowers to Mother Mary, my mind travels back to the days when I was their age. My earliest memories of celebrating the birthday of Mother Mary revolved around attending the Bandra Fair. Those were the days! I remember the knots in my stomach, the excitement, the anticipation, the counting and recounting of pocket money that happened the night before we made our annual pilgrimage to our lady of the Mount Basilica in Bandra, Mumbai.

We began the day by attending mass at the Basilica, dressed in our Sunday best. We would buy candles and flowers from the vendors before we entered the Church. As a kid, I was very fond of the candles that were shaped like an infant and ached to offer them. Of course I was denied by my parents, the reason being I could offer them when I was old enough. I wonder if my 8 year old would buy that excuse. Mother Mary was dressed in gold, adorned by a pyramid of bouquets surrounding her. It was a sight to behold. After we prayed and made our offerings we would begin the exhilarating walk down the steps of the mount that led to the fair and carnival.



We would linger around every single stall. My favorites were the bangle vendors. My brother's favorite was the tin boat which ran on a flame. Being a mom of boys, I can't help but imagine my boys rooting for that toy. It was the place I got my hand tattooed, picked up my first dolls, kitchen sets and pets. We would stock up on roasted grams, halwa and Kadio Bodio. It was also the place where my parents shopped for the right cane to discipline us with. Ouch! That part still hurts....:) The highlight of the evening was attending the carnival rides and events-The giant ferris wheel, galloping horses, merry go round and magic mirrors.

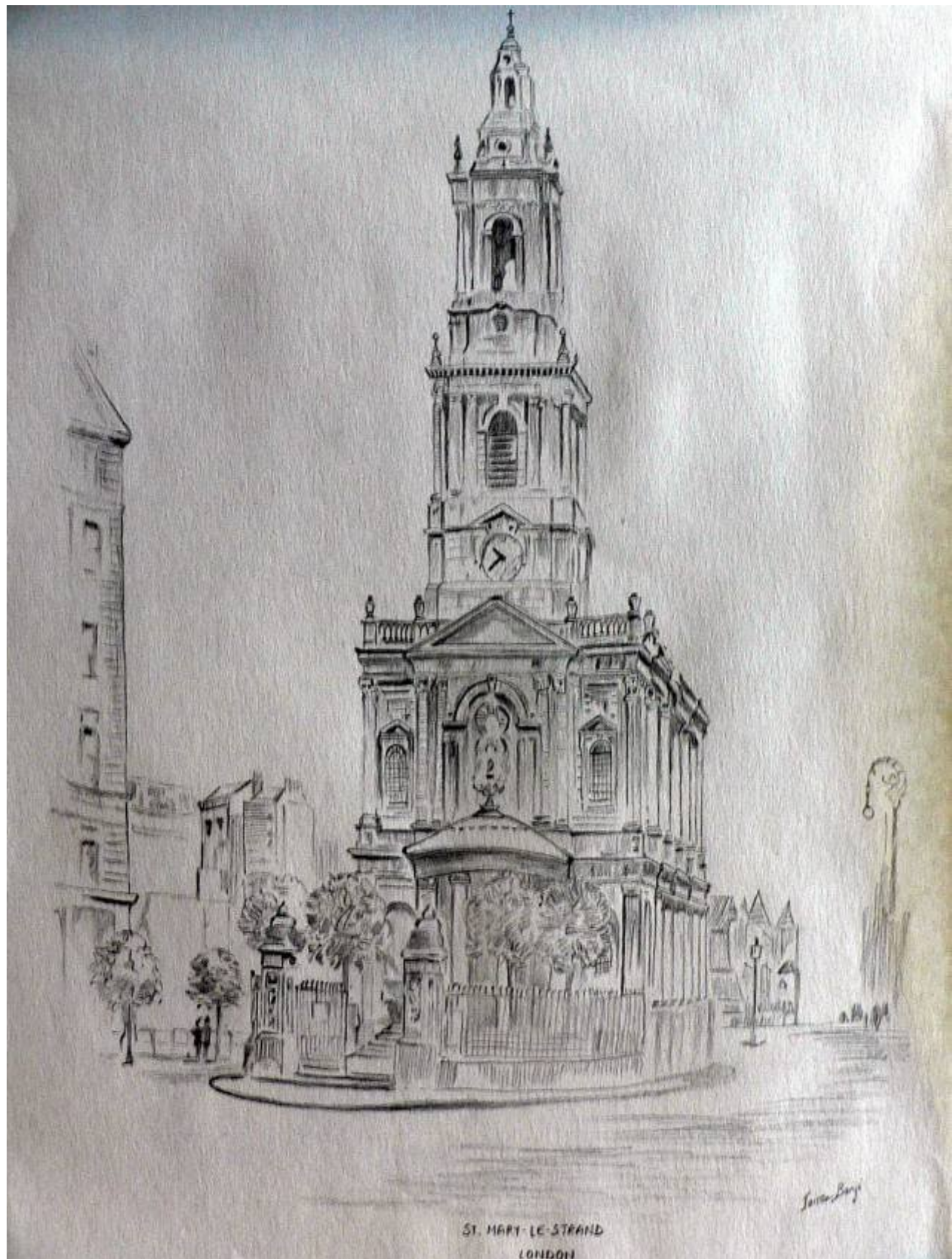


After we finished with the fair we would rush to my aunt's house to be on time for the festive lunch. My favorites were the sweet pulao and beetroot chutney. In my family, the menu never changed. How comforting is that! Even the afternoon had a routine. We kids would get to have a glass of wine, play luddo, snakes and ladders, Housie and watch the latest Bollywood movie while the adults feasted to a heavy lunch followed by an afternoon siesta.

In a nutshell, I have fond memories of celebrating Monti fest as a kid. I am grateful to the efforts of the MCA East Coast, my kids have the opportunity to participate and celebrate Monti fest with our friends here. This is our 4th year attending the event at MCA and it's become a family tradition. THANK YOU MCA EAST COAST! Amrith Rodrigues-Lewis, Langhorne, PA



A Sketch of St. Mary le Strand Church, in Westminster, London  
by Jaison Banji, VP of Membership 2011-2012





## 10 Commandments of Konkani sent by Eric Ozario

'I wish your Monti Fest celebrations, every success. Dev borem korum'

-Eric Ozario, Secretary General of Jagotik Konkani Songhotton (JKS), Mangalore

### ಕೊಂಕ್ಣಿಚ್ 10 ಉಪಾದೆಶ್

#### 1 ಕೊಂಕ್ಣಿ, ಆಪ್ಲೆ ಮಾಂಯ್ ಭಾಶೆಚೊ ಮೋಗ್ ಕರ್

ಕೊಂಕ್ಣಿ ಆಪ್ಲಿ ಮಾಂಯ್ ಭಾಶ್ ಮ್ಹಣ್ ಮಾನುನ್ ಘೆ. ಕೊಂಕ್ಣಿಂತ್ಚ್ ತುಜಿ ವಳಕ್-ಅಸ್ತಿತಾಯ್ ಆಸಾ - ತೆಂ ಸಮ್ಜುನ್ ಘೆ. ಕೊಂಕ್ಣಿ ಸಮಾಜ್, ತುಜೊ ಸಮಾಜ್ ಆನಿ ತಾಂತುನ್ಚ್ ತುಜಿ ಭದ್ರತಿ ಆಸಾ - ತೆಂ ತುಂ ಜಾಣಾ ಜಾ. ಆಪ್ಲೆ ಮಾಂಯ್ ಭಾಶೆಚೊ ಮೋಗ್ ಕರ್ತಾನಾ, ಹೆರಾಂ ಭಾಸಾಂಚೊ, ದ್ವೇಶ್ ಕರಿನಾಕಾ.

#### 2 ಕೊಂಕ್ಣಿ ಉಲಯ್ - ಕೊಂಕ್ಣಿ ಪ್ರಲಯ್

ಫರಾಂತ್ ಆಮ್ಚಿ ಭಾಶ್. ಗಾವಾಂತ್ ಗಾಂವ್ಚಿ ಭಾಶ್ ಆನಿ ಗರ್ರೆ ತೆಕೆದ್ ಹೆರ್ ಭಾಸೊ. ಭುರ್ಗಾಂಕ್ ಕೊಂಕ್ಣಿ ಶಿಕಯ್. ತಾಂಚೆಲಾಗಿಂ ಕೊಂಕ್ಣಿ ಉಲಯ್. ಕೊಂಕ್ಣಿ-ಕೊಂಕ್ಣಿ (ಖಂಚ್ಚೆಯಿ ಜಾತಿ-ದೋಲಿಚೊ) ಮೆಳ್ತಾನಾ ಕೊಂಕ್ಣಿಚ್ ಗಾಜಯ್. ಕೊಂಕ್ಣಿಂತ್ಚ್ ಸಂದೇಶ್ ಪಾಟಯ್. ಭುರ್ಗಿಂ ಇಸ್ಕೊಲಾಂತ್ ಇಂಗ್ಲಿಷ್ ಶಿಕ್ತಾತ್ ಮ್ಹಣ್ ತಾಂಚೆ ಲಾಗಿಂ ಫರಾಂತ್ ಇಂಗ್ಲಿಷಾಂತ್ ಉಲಂವ್ಚೊ ವಾದ್ ಸಾರ್ಕೊ ನಾ. 'ಆಮ್ಚ್ಯಾ ಭುರ್ಗಾಂಕ್ ಕೊಂಕ್ಣಿ ಯೆತಾ' ಮ್ಹಣ್ಲಾರ್ ಪಾವಾನಾ. ತಾಣಿ ತಾಂಚ್ಯಾ ಫರಾಂತ್ ಕೊಂಕ್ಣಿ ಉರಯ್ಚಿ ತರ್, ಸೋಡ್-ದೋಡ್ ಕರಿನಾಸ್ತಾಂ ತುಜ್ಯಾ ಫರಾಂತ್ ಕೊಂಕ್ಣಿಚ್ ಉಲಯ್. ಉಲಯ್ಲಾರ್ ಮಾತ್ ಏಕ್ ಭಾಸ್ ಫುಲ್ತಾ. ನಾತ್ಲಾರ್ ಬಾವ್ತಾ, ಮರ್ತಾ.

#### 3 ಕೊಂಕ್ಣಿ ಬರಯ್ - ಕೊಂಕ್ಣಿ ಉರಯ್

ಖಂಚೆಯಿ ಭಾಸ್ ಉರಾಜಿ, ವಾಡಾಜಿ ಆನಿ ಗಿರೆಸ್ತ್ ಜಾಯ್ಚಿ ತರ್, ತಿ ಭಾಸ್ ಬರಯ್ಚಿ, ವಾಚಿಜಿ. ತುಂ ಜಾಣಾ ಆಸ್ಲೆ ಲಿಪಿಯೆಂತ್ ಕೊಂಕ್ಣಿ ವಾಚ್ ಆನಿ ಬರಯ್. ತುಜ್ಯಾ ಭುರ್ಗಾಂಕ್ಯಾ ಕೊಂಕ್ಣಿ ವಾಚುಂಕ್-ಬರೊಂವ್ಕ್ ಶಿಕಯ್. ತಾಳಾಂನಿ ಕೊಂಕ್ಣಿ ಶಿಕ್ಲಿ ವೆವಸ್ತಾ ಆಸ್ಲೆ ಕಡೆನ್ ತಾಚೊ ಬರ್ಪೂರ್ ಫಾಯ್ದೊ ಉಟಯ್. ಭುರ್ಗಾಂಕ್ (ತುಜ್ಯಾ ತಶೆಂಚ್ ಹೆರಾಂಚ್ಯಾ) ಕೊಂಕ್ಣಿ ಶಿಕ್ರುಂಕ್ ಪೋತ್ಲಾನ್ ದಿ. ವೆವಸ್ತಾ ನಾತ್ಲೆ ಕಡೆನ್ ಹೆರಾಂ ಸಾಂಗಾತಾ ಮೆಳುನ್ ತರ್ಲೆ-ಶಿಬಿರಾಂ, ಕಾರ್ಯಾಗಾರಾಂ ಮುಂಡುನ್ ಹಾಡ್ ಭುರ್ಗಾಂಕ್ ಆನಿ ವ್ಹಡಾಂಕ್ ಕೊಂಕ್ಣಿ ವಾಚುಂಕ್-ಬರೊಂವ್ಕ್ ಶಿಕಯ್.

#### 4 ಆಪ್ಲ್ಯಾ ದೆವಾಲಾಗಿಂ ಕೊಂಕ್ಣಿಂತ್ಚ್ ಉಲಯ್

ಫರಾಂತ್ ಮಾಗ್ಣಿಂ-ರಜಾರ್/ಪ್ರಾರ್ಥನಾಂ-ಭಜನಾಂ ಕೊಂಕ್ಣಿಂತ್ಚ್ ಕರ್. ಇಗರ್ಜೆಂತ್/ದೇವ್ ಮಂದಿರಾಂನಿ ದೇವ್-ಸ್ತುತಿ/ಲಿತುರ್ಜೆ ಕೊಂಕ್ಣಿಂತ್ ಆಸುಂ. ಗರ್ಜೆಖಾತಿರ್ ಹೆರಾಂ ಭಾಸಾಂನಿ ಆಮಿ ಮಾಗುಂಯಾಂ, ಮರ್ಜೆಖಾತಿರ್ (ಇಂಗ್ಲಿಷಾನ್ ವಾ ಹೆರ್ ಭಾಸಾಂನಿ, ವಾ ದಬಾವಾಕ್ ಲಾಗುನ್ (ಕನ್ನಡಾನ್ ವಾ ಹೆರ್ ಭಾಸಾಂನಿ), ಮಾಗುನ್ ಆಮ್ಚೆ ಭಾಶೆಕ್ ವಿನಾಸಾಚ್ಯಾ ಆಪಾಯಾಕ್ ಲೊಟ್ಟಿಂ ನಾಕಾ. ದೇವ್-ಶಾಸ್ತ್ರಿ/ದೊತೊರ್ ಭುರ್ಗಾಂಕ್ ಕೊಂಕ್ಣಿಂತ್ಚ್ ಶಿಕಯ್. ದೇವ್ ಸ್ತುತೆ ಭಾವ್ನ್ ಏಕ್ ಭಾಸ್ ಪಯ್ಸ್ ಗೆಲಿ ತರ್, ತಿ ಭಾಸ್ ಆಳ್ತಾತಾ ಮ್ಹಣ್ ಸಮ್ಜುನ್ ಘೆ - ದೆಕಕ್ ಲಾತೆ ಭಾಸ್. ತ್ಯಾ ಶಿವಾಯ್, ಧರ್ಮಾಚ್ಯಾ ಶಿಕೊವ್ಣೆ ಪ್ರಕಾರ್ ತಶೆಂಚ್ ದೆಶಾಚ್ಯಾ ಸಂವಿಧಾನಾ ಪ್ರಕಾರ್, ಹರ್ ಮನ್ಶಾಕ್ ಆಪ್ಲೆ ಮಾಂಯ್ ಭಾಶೆನ್ ದೇವ್ ಸ್ತುತಿ ಕರ್ಚೊ ಅಧಿಕಾರ್ ಆಸಾ, ತೆಂ ಜಾಣಾ ಜಾ.

#### 5 ಕೊಂಕ್ಣಿ ಉಲಯ್ತಾನಾ ಕೊಂಕ್ಣಿಚ್ ಉತ್ರಾಂ ವಾಪರ್

ಇತಿಹಾಸಾಕ್ ಲಾಗುನ್ ಚ್ಯಾರ್ ಗಾಂವಾಂನಿ ಆಮಿ ಶಿಂಪಡ್ಲಾಂವ್. ವಿವಿಧ್ ಭಾಸಾಂ ಮಧೆಂ ಆಮಿ ಜಿಯೆತಾಂವ್. ಹೆರ್ ಭಾಸಾಂಚೊ ಪ್ರಭಾವ್ ಆಮ್ಚೆ ಭಾಶೆಚೆರ್ ಪಡ್ತಲೊಚ್ ಆನಿ ಪಡ್ಲಾ. ಹೆರ್ ಭಾಸಾಂಚೆ ಸಬ್ದ್ ಆಮ್ಚೆ ಕರ್ ಘೆವ್ನ್ ಆಮ್ಚಿ ಭಾಸ್ ಗಿರೆಸ್ತ್ ಕರ್ಯಾಂ. ಪುಣ್ ಗರ್ರೆ ಭಾಯ್, ಆಮ್ಚೆ ಸೊಭಿತ್, ಸರಳ್ ಸಬ್ದ್ ಆಸ್ತಾನಾಯಿ ಹೆರ್ ಭಾಸಾಂಚೆ ಸಬ್ದ್ ವಾಪರ್ನ್ ಆಮ್ಚಿ ಭಾಸ್ ದುಬ್ಲಿ ಕರ್ಚಿ, ನಾಸ್ ಕರ್ಚಿ ನ್ಹಯ್. ಗರ್ರೆ ಭಾಯ್ ಇಂಗ್ಲಿಷ್ (ಪ್ರಿಮುಖ್ ಜಾವ್ನ್), ಆನಿ ಹೆರಾಂ ಭಾಸಾಂಚೆ ಸಬ್ದ್ ವಾಪರ್ಚಿ ಪಿಡಾ ಆಮ್ಕಾಂ ಲಾಗ್ತಾ. ಆಮಿ ಜಾಗೆ ಜಾಂವ್ಚಿ ಗರ್ರೆ ಆಸಾ.

#### 6 ಕೊಂಕ್ಣಿ ಸಂಸ್ಕೃತೆಚ್ಯಾ ಖಾಶೆಲೆಂಪಣಾನ್ ಜಿವಿತ್ ಸೊಭಯ್

ಸಂಸ್ಕೃತಿ ಜಿಯೆ, ಸಂಸ್ಕೃತಿ ಉರಯ್. ಸಂಸ್ಕೃತಿ ಆಸ್ಲಿಚ್ ಜಿವಿತ್ ಸೊಭೊಂವ್ಕ್. ಸಂಸ್ಕೃತಿ ಪೊಟ್ಲಿ ಬಾಂದುನ್ ದವರ್ನ್ ವಾ ವಸ್ತು ಸಂಗ್ರಹಾಲಯಾಂನಿ(ಮ್ಯೂಜಿಯಮಾಂನಿ) ವಾ ಫೋಟೊಂನಿ ಜಿವಾಕ್ ಸಾಂಬಾಳುಂಕ್ ಜಾಯ್ನಾ. ತಿ ಜಿಯೆಲ್ಯಾರ್ ಮಾತ್ ತಿ ಉರಲಿ. ಪುರ್ವಜಾಂ ಭಾವ್ನ್ ದಾಯ್ಜ್ ಜಾವ್ನ್ ಲಾಭ್ಲೆ ಸಂಸ್ಕೃತಿ, ಮುಕ್ಲೆ ಪಿಳ್ಗೆಕ್ ದಿವ್ಕೆಂ ಜಾವ್ನ್ ಹತಾಂತರ್ ಕರ್ಚೊ ಕಾಯ್ದೊ ಆಮಾ ಸರ್ವಾಂಚೊ. ಹರ್ ಸಂಸ್ಕೃತೆಂತ್ ಖಾಶೆಲೆಂಪಣ್ ಆಸಾ. ಆಮ್ಚ್ಯಾ ಖಾಶೆಲೆಂಪಣಾಂತ್ ಆಮ್ಚಿ ಅಸ್ತಿತಾಯ್ ಆಸಾ. ಆಮ್ಚೆ ಅಸ್ತಿತಾಯೆಂತ್ ಆಮ್ಚೆಂ ವ್ಹಡ್ಪಣ್ ಆಸಾ. ವ್ಹಡ್ಪಣ್ ಭೊಗ್, ಸ್ವಾಭಿಮಾನಾನ್ ಜಿಯೆ.



## ಕೊಂಕ್ರಿಚ್ 10 ಉಪಾದೆಸ್

### 7 ಕೊಂಕ್ರಿ ಕಲೆ-ಸಾಹಿತ್ಯಾಚೊ ಪೋಸ್ ಕರ್

ಕೊಂಕ್ರಿ ಸಾದರ್ ಕಲಾ (ನಾಟಕ್, ಸಂಗೀತ್, ನಾಚ್, ಲೋಕ್‌ಕಲಾ), ಚಿತ್‌ಕಲಾ, ಪಿಂತುರಾಂ(ಫಿಲ್ಮಾಂ) ಸರ್ವ್ ಕಲಾಪ್ರಕಾರಾಂಕ್ ಪೋಸ್ತಾವ್ - ತೆಂಕೊ ದೀ. ಸಾಧ್ಯ್ ಆಸ್ಲಾರ್ ಸಾದರ್ ಕರ್. ತಾಂಕ್ ಆಸ್ಲಾರ್ ಪೋಶಕ್ ಜಾ. ನಾತ್ಲಾರ್ ಟಕೆಟ್ಯೊ ಫೆವ್ನ್, ಪೇಕ್ಷಕ್ ಜಾವ್ನ್, ಕೊವ್ಚೊ/ಸಿಡಿ/ವಿಸಿಡಿ/ಡಿವಿಡಿ ವಿಕಿಂ ಫೆವ್ನ್ - ಆಧಾರ್ ದೀ. ಪೋಸ್ ಕರ್. ಕೊಂಕ್ರಿಂತ್ ಪುಸ್ತಕಾಂ ಛಾಪುನ್ ಹಾಡುಂಕ್ ಕುಮಕ್ ಕರ್. ಪುಸ್ತಕಾಂ ಮೊಲಾಕ್ ಫೆವ್ನ್, ವಾಚುನ್ ಆಪ್ಲೆ ಕಾಯ್ದೊಪಾಳ್. ಸಾಧ್ಯ್ ಆಸ್ಲಾರ್ ಸಕ್ಡ್ ಪತ್ರಾಂಕ್ ವರ್ಗಣಿ ಭರ್. ನಾತ್ಲಾರ್ ಘರಾಂತ್ ಏಕ್ ಪುಣ್‌ಯಿ ಕೊಂಕ್ರಿ ಪತ್ರ್ ಖಾಯಾಂ ಕಡ್ಲಾಯ್ ಜಾವ್ನ್ ಹಾಡ್. ಪೋಸ್ ಕೆಲ್ಯಾಶಿವಾಯ್ ಜಶೆಂ ಏಕ್ ಝಡ್ ಪಾಲೆನಾ, ಪುಲಾನಾ, ಫಳ್ ದೀನಾ, ತಶೆಂ ಕಲಾ ಆನಿ ಸಾಹಿತ್ಯ್ ಕಲಾ-ಸಾಹಿತ್ಯ್ ಜಿವಿತಾಂತ್ ಮಿತಾಲ್ಯಾಯ್ ಭರ್ತಾ. ಮತಿಚಿ ಜಾಣ್ವಾಯ್ ವಾಡಯ್ತಾ. ಕೊಂಕ್ರಿ ಸ್ವಾಭಿಮಾನ್ ಚಡಯ್ತಾ. ಕಲಾ-ಸಾಹಿತ್ಯ್ ಜಿವಾಳ್-ಗಿರೆಸ್ತ್ ಆಸ್ಲಾರ್ ಮಾತ್ರ್ ಏಕ್ ಭಾಸ್-ಸಂಸ್ಕೃತಿ ಜಿವಾಳ್-ಗಿರೆಸ್ತ್ ಉರ್ತಾ.

### 8 ಕೊಂಕ್ರಿಚ್ ವಿವಿಧತೆಂಕ್ ಮಾನ್ ದೀ. 'ವಿವಿಧತೆಂತ್ ಎಕ್ವಟ್' ಸೊದ್

ಕೊಂಕ್ರಿಂತ್ 3 ಪ್ರಮುಖ್ ಧರ್ಮಾಂಚೊ ಲೋಕ್ ಆಸಾ - ಹಿಂದೂ, ಕ್ರಿಸ್ತಾಂವ್, ಮುಸ್ಲಿಮ್. ಕೊಂಕ್ರಿಂತ್ ಆಸಾತ್ ಜಾತಿ ಸಬಾರ್. ವಿವಿಧ್ ಬೋಲಿಂನಿ ಕೊಂಕ್ರಿ ಉಲಯ್ತಾತ್. ವಿವಿಧ್ ಲಿಪಿಂನಿ ಕೊಂಕ್ರಿ ಬರಯ್ತಾತ್. ವಿವಿಧ್ ಪ್ರಾಂತ್ಯಾಂನಿ ಕೊಂಕ್ರಿ ಲೋಕ್ ಜಿಯೆತಾ. ವಿವಿಧ್ ಆಚಾರ್-ವಿಚಾರಾಂನಿ, ರಿತಿ-ರಿವಾಜಾಂನಿ, ಸಂಸ್ಕಾರ್-ಸಂಪ್ರದಾಯಾಂನಿ ವಿವಿಧ್ ಕೊಂಕ್ರಿ ಲೋಕ್ ಆಪ್ಲೆಂ ಜಿವಿತ್ ಸೊಭಯ್ತಾ. ಆಪ್ಲಿ ವಿವಿಧತಾ ಹೆರಾಂಚೆರ್ ಧಾಪುಂಕ್ ಪಳೆನಾಕಾ. ಹರ್ ವಿವಿಧತೆಕ್ ಮಾನ್ ದಿಲ್ಯಾರ್ ಮಾತ್ರ್ ಕೊಂಕ್ರಿ ಲೋಕಾಚೊ ಎಕ್ವಟ್ ಘಡ್ತಲೊ. ಹೆಂಚ್ ಕೊಂಕ್ರಿ ಎಕ್ವಟಾಚೆಂ ಮಂತ್ರ್, ಪಯ್ಲೆಚ್ ಆಮ್ಚೊ ಸಂಕೊ ಉಣೊ. ತಾಚೆ ವಯ್ರ್ ಜರ್ ಆಮಿ ಆಮ್ಚಿ ವಿವಿಧತಾ ಹರ್ ಕೊಂಕ್ರಿ ಲೋಕಾಚೆರ್ ಧಾಪ್ಪಿಂ ಪ್ರೇತನಾಂ ಕೆಲಿಂ ತರ್, ಆಮ್ಚೆ ವಾಂಟೆ ಜಾತಲೆ. ಆಮಿ ಅಸ್ತತ್ ಜಾತಲ್ಯಾಂವ್. 'ಆಪ್ಲೆಂ ವೆಗ್ಲೆಂಪಣ್ ಸಾಂಬಾಳ್, ಹೆರಾಂಚ್ಯಾ ವೆಗ್ಲೆಂಪಣಾಕ್ (ವಿವಿಧತೆಕ್) ಮಾನ್ ದೀ' - ಹ್ಯಾ ತತ್ವಾಚೆರ್ ಮಾತ್ರ್ ಕೊಂಕ್ರಿ ಎಕ್ವಟ್ ಘಡುಂಕ್ ಸಾಧ್ಯ್.

### 9 ಆದಾಯಾಚೊ ಏಕ್ ವಾಂಟೊ ಕೊಂಕ್ರಿ ಖಾತಿರ್ ದಾನ್ ದೀ

ದುಡುನಾಸ್ತಾಂ ಸಂಸಾರ್ ಚಲಾನಾ, ಖಿಂಚಿಯಿ ಕಾಮ್ ಜಾಯ್ನಾ. ಹೆಂ ನೇಮ್ ಕೊಂಕ್ರಿಚ್‌ಯಿ ಲಾಗ್ತಾ. ಜಶೆಂ ಆಮಿ ಧಾರ್ಮಿಕ್, ಸಾಮಾಜಿಕ್ ಉದ್ದೇಶಾಂ ಖಾತಿರ್, ದುಬ್ಲ್ಯಾ ಧಾಕ್ಟಾಂ-ಪಿಡೆಸ್ತಾಂ ಖಾತಿರ್ ದಾನ್ ದಿತಾಂವ್, ತಶೆಂಚ್ ಆದಾಯಾಚೊ ಏಕ್ ನಿರ್ಧಿತ್ ವಾಂಟೊ ಕೊಂಕ್ರಿ ಖಾತಿರ್ ದಾನ್ ದಿಂವ್ಚೊ ಕಾಯ್ದೊ ಆಮ್ಕಾಂ ಲಾಗ್ತಾ. ಭಾಶೆ-ಸಂಸ್ಕೃತೆ ಖಾತಿರ್ ವಾವ್ರ್ ಕರ್ಲ್ಯಾ ಸಂಸ್ಕಾರ್-ವೆಕ್ತೆಂಕ್ ಉದಾರ್ ಮನಾನ್ ತೆಂಕೊ ದೀ. ಕೊಂಕ್ರಿಚ್ ಸೆವಾ ದಿವ್ನ್ ಕಷ್ಟಾರ್ ಆಸ್ಚೆ ವೆಕ್ತೆಂಕ್ ಆಧಾರ್-ಕುಮಕ್ ದಿಂವ್ಚೊ ಕಾಯ್ದೊ ಆಮ್ಕಾಂ ಲಾಗ್ತಾ.

### 10 ಭಾಶೆ-ಸಂಸ್ಕೃತಿಚೆರ್ ಅನ್ವಾರಾಂ ಆಯಿಲ್ಲ್ಯಾ ವೆಳಾರ್ ತಾಂಚಿ ಜತನ್-ರಾಕಣ್ ಕರ್

ಜಶೆಂ ಆಮ್ಚೆ ವಯಕ್ತಿಕ್ ಆಸಕ್ತಾಂಚ್ಯಾ ರಾಕಣ್ ಖಾತಿರ್ ಆಮಿ ಝುಜ್ತಾಂವ್, ಜಶೆಂ ಧರ್ಮಾಚೆರ್ ಅನ್ವಾರಾಂ ಆಯಿಲ್ಲ್ಯಾ ವೆಳಾರ್ ಆಮಿ ಝುಜ್ತಾಂವ್ ಕಮರ್ ಬಾಂಧ್ತಾಂವ್, ತಶೆಂಚ್ ಆಮ್ಚೆ ಭಾಶೆ-ಸಂಸ್ಕೃತಿಚ್ಯಾ ಹಕ್ಕಾಂಚೆರ್ ಧಾಡ್ ಜಾಲ್ಯಾರ್, ಆಮ್ಕಾಂ ಝುಜ್‌ಚೊ ಕಾಯ್ದೊ ಆಸಾ. ಝುಜ್ಲಾರ್ ಮಾತ್ರ್ ಹಕ್ಕಾಂ ಮೆಳ್ತಾತ್. ಝುಜ್ಲಾರ್ ಮಾತ್ರ್ ಹಕ್ಕಾಂ ಉರ್ತಾತ್. ಎಕ್ವಟಾಂತ್ ಆಮ್ಚೆಂ ಬಳ್ ಆಸಾ. ಜಾತ್, ಕಾತ್, ಮತ್, ಧರ್ಮ್, ಪ್ರಾಂತ್, ಬೋಲಿ, ಲಿಪಿ ವಾ ಹೆರ್ ಕಸಲೆಂಯ್ ವೆಗ್ಲೆಂಪಣಾಂ ಲೆಕಿನಾಸ್ತಾಂ ಎಕ್ವಟ್ ಘಡ್ತಾಂ, ಸಾಂಬಾಳ್ತಾಂ. ಆಮ್ಚೆ ಭಾಶೆ-ಸಂಸ್ಕೃತಿಚಿ ರಾಕಣ್ ಕರ್ತಾಂ.

ಹ್ಯಾ ಉಪಾದೆಸಾಂಚೆರ್ ತುಜಿ ಜರ್ ಸುಹಮತಿ ಆಸಾ, ತರ್ ತೆ ಉಪಾದೆಸ್ ಪಾಳ್.  
ಸಾಂಗಾತಾ, ಹಾಚ್ಯಾ ಪ್ರತಿಯೊ ಕರ್ಪ್ ಜಾತಾ ತಿತ್ಲ್ಯಾ ಕೊಂಕ್ರಿ ಲೋಕಾಕ್ ವಾಂಟ್.

# Kids Corner

**Can you find these words associated with Mother Mary?**

Find and circle the words below in this puzzle. Look in all directions.



N	Q	V	E	D	R	S	C	N	N	R	D	U	M	M
F	E	R	X	E	M	H	J	O	S	O	E	Y	A	D
H	U	E	H	R	O	N	I	I	Y	S	S	Q	T	W
P	O	T	U	S	L	T	V	T	J	A	S	V	Y	U
M	O	N	E	Q	A	N	V	A	E	R	E	J	L	B
M	E	N	O	N	I	I	W	I	Y	Y	L	K	O	Z
X	Z	F	O	U	R	O	J	C	S	Z	B	G	H	L
E	W	R	C	T	R	B	N	N	V	I	R	G	I	N
B	O	U	U	Q	F	E	Q	U	L	A	D	Y	Q	P
C	F	O	J	Q	N	D	D	N	Y	O	V	J	Y	Y
F	U	B	R	V	R	I	U	N	N	F	V	A	N	E
S	C	Z	Y	L	N	E	V	A	E	H	T	I	H	P
A	M	I	T	A	F	N	O	H	X	Y	M	F	N	S
G	N	H	Y	G	S	T	N	U	I	B	S	L	T	G
G	U	A	D	A	L	U	P	E	R	F	Z	T	V	J

HOLY  
BLESSED  
MOTHER  
VIRGIN  
LOVING  
PURE

QUEEN  
HONOURED  
LADY  
ANNUNCIATION  
ROSARY  
CORONATION

OBEDIENT  
CHOSEN  
FATIMA  
GUADALUPE  
VIRTUOUS  
HEAVENLY

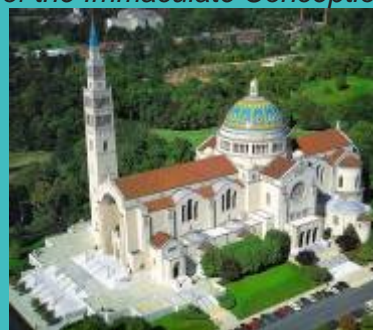


### TEST YOURSELF: HOW WELL DO YOU KNOW MOTHER MARY?

- What did Mary do right after the angel appeared to her?
- What happened when Elizabeth heard Mary's greeting?
- What was the feast that Mary and Joseph went to Jerusalem for each year?
- What did Mary tell the servants to do when Jesus turned the water into wine?
- When the angel spoke to Mary, he said, Hail, thou that art highly favored, the Lord is with thee and...?
- What does the Blessed Mother have in heaven that the rest of us will not have until the Last Day?

### FAMILY DAYTRIP RECOMMENDATION:

*Basilica of the National Shrine of the Immaculate Conception*



If you're visiting the nation's capitol, a highly recommended daytrip just minutes away from the typical Washington DC tourist sights is the grandiose Basilica of the National Shrine of the Immaculate Conception. The Basilica is the largest Catholic Church in both North and South America. Located at 400 Michigan Avenue Northeast, Washington, DC 20017, the church is a tribute to the Blessed Mother Mary, as Our Lady of the Immaculate Conception, the Patroness of the United States.

With over 70 internal chapels devoted to Mother Mary, representing numerous nations, plus intricate mosaics and fascinating neo-Byzantine architecture, the Basilica provides the ideal environment for prayer and mediation. For Indian Catholics in particular, the National Shrine promises not to disappoint, with a golden sari-clad replica of the Our Lady of Good Health from Vailankanni located in the Basilica's crypt church. This Oratory is representative of the immigrant Catholic Indian community's adoration of the Blessed Mother. Seeing the Basilica and Vailankanni Oratory in person is a spiritually rewarding experience that's not to be missed. For more information, check out <http://www.motherofmiracles.org/>



### TRIVIA: Vatican Approved Marian Apparition Sites

- **Guadalupe, Mexico (1531)** [Our Lady of Guadalupe](#)
- **Siluva, Lithuania (1608)** [Our Lady of Siluva](#)
- **Laus, France (1664):**[Our Lady of Laus / Our Lady of Happy Meetings](#)
- **Rue du Bac, Paris, France (1830)** [Our Lady of the Miraculous Medal](#)
- **Rome, Italy (1842)** [Our Lady of Zion](#)
- **La Salette, France (1846)** [Our Lady of La Salette](#)
- **Lourdes, France (1858)** [Our Lady of Lourdes](#)
- **Filippsdorf, Czech Republic (1866)** [Help of Christians](#)
- **Pontmain, France (1871)** [Our Lady of Hope](#)
- **Gietrzwald, Poland (1877)** [Our Lady of Gietrzwald](#)
- **Knock, Ireland (1879)** [Our Lady of Knock](#)
- **Fatima, Portugal (1917)** [Our Lady of Fatima / Our Lady of the Rosary](#)
- **Beauraing, Belgium (1932)** [The Virgin with the Golden Heart](#)
- **Banneux, Belgium (1933)** [The Virgin of the Poor](#)
- **Kibeho, Rwanda (1981)** ["Nyina wa Jambo" \(Mother of the Word\)](#)

### A Final Word

Dear MCA-EC, It's a privilege for me to serve as your editor-in-chief. In the coming year, I hope to bring you both spiritual and cultural food for thought, rich in content for our people, by our people. Putting together this Monti Fest edition has been eye-opening. The examined life is the only one worth living, and my current vantage point has offered me a prime perspective on our shared culture, as well as my own identity as a Catholic and a Mangalorean. For the children of immigrants, our organization may be the only lens outside of their own families to view their roots and heritage. I'm a perfect example of this. It felt odd asking the new board for their memories of Monti Fest, when admittedly, mine are so limited. There were no formal celebrations in my past, as September marked the beginning of a new school year, and I never had a chance to go to Mangalore during this month. My memories are only limited to the excitement of receiving a sky blue airmail envelope from my grandmother. Inside were the first fruits of the harvest, blessed paddy grains that my beloved mother would add to payas (or, as my Kodialche sasumai lovingly corrects me, vorn ;-). As I read our board's memories of Monti Fest, I couldn't help but wistfully wish that I could have had their experiences. I am sure many of your children would feel the same, if it weren't for MCA-EC. In fact, it's precisely because of my participation in a Mangalorean association, that at the ripe old age of 28, I finally witnessed a Monti Fest celebration. Singing "Sakkad Sangatha Mellaya" for the first time, with my 1 year old daughter offering flowers with her newfound ability to walk was a true blessing. It was a genuine celebration of the ultimate Motherhood, the Blessed Mary's, alongside my own initiation into the same calling. I was so grateful that my daughter did not have to wait another 27 years to experience this cultural treasure. On this Monti Fest, do count your blessings. As you can tell just from this newsletter, we are truly blessed: from our fearless mountaineer president, our gifted spiritual director, our passionate executive team, the wisdom of our talented board predecessors, as well as the unfailing support of our members, this year promises to be a year to remember! *Humble regards, Diana M. Lewis*